



**Aaron J. Haydu, DC, DACRB**  
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**Curriculum Vitae**  
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**PRIVATE PRACTICE**

2000-Pres - Cohen & Haydu Chiropractic Clinic, 417 Market St., Kingston, PA 18704

**EDUCATION**

2000 - Doctor of Chiropractic, New York Chiropractic College, Seneca Falls, NY  
1996 - Bachelor of Science, Biology, University of Scranton, PA

**FACULTY POSITIONS**

2013-Pres - Geisinger Commonwealth School of Medicine – Clinical Assistant Professor; Department of Clinical Sciences  
2018-Pres - New York Chiropractic College – Alumni Advisory Council  
2017 - Palmer College of Chiropractic – Adjunct Faculty; Intern Preceptorship Program  
2010 - New York Chiropractic College – Postgraduate Faculty  
2004-2008 - Marywood University, Scranton, PA; Science Department Faculty Anatomy and Physiology I and II Laboratory

**LICENSURE / CERTIFICATIONS**

2015 - Certified in Selective Functional Movement Assessment, Level 1  
2011 - Certified Functional Movement Systems Professional, Level 1 & 2  
2010 - Certified in Graston Technique  
2009 - Diplomate - American Chiropractic Rehabilitation Board (DACRB)  
2008 - Board Certified Level 3, American Chiropractic Rehabilitation Board  
2007 - Board Certified Level 2, American Chiropractic Rehabilitation Board  
2006 - Board Certified Level 1, American Chiropractic Rehabilitation Board  
2003 - Certified: Mechanical Diagnosis and Therapy, McKenzie Institute Int'l  
2002 - Certified Strength and Conditioning Specialist, National Strength and Conditioning Association  
2002 - Kinesio Taping, Level 1-2  
2001 - Whiplash and Brain Injury Traumatology; Spine Research Institute of San Diego  
2000 - License to Practice Chiropractic, Pennsylvania License #DC007905L

**POSTGRADUATE SEMINARS / CONTINUING DEVELOPMENT**

2019 - Sport Injuries, Anti-Inflammatory Diet Procedures, and Athlete Treatment; *New York Chiropractic College Homecoming Symposium*  
2018 - McGill 1: Building the Ultimate Back – BackfitPro, Inc.  
2018 - Clinical Anatomy, Motor Vehicle Crash Injuries, and Chiropractic Billing Procedures; *New York Chiropractic College Homecoming Symposium*  
2017 - Clinical Neurodynamics for the Upper Quarter - *Neurodynamic Solutions*  
2017 - Clinical Neurodynamics for the Lower Quarter - *Neurodynamic Solutions*  
2017 - 18<sup>th</sup> Annual ACA Rehab Council Symposium  
2016 - Clinical Nutrition, Wellness and Diet Strategies, Part IV  
2015 - Selective Functional Movement Assessment, Level 1 Certification Course  
2015 - 16<sup>th</sup> Annual ACA Rehab Council Symposium

2014	-	Physical Therapy, Rehabilitation, and Exercise Physiology; <i>New York Chiropractic College</i>
2013	-	14 <sup>th</sup> Annual ACA Rehab Council Symposium
2012-2018	-	American Chiropractic Rehab Board Recertification Exam
2011	-	Functional Movement Systems, Level 1 & 2 Certification Course
2011	-	12 <sup>th</sup> Annual ACA Rehab Council Symposium
2010	-	Graston Technique, Module 1 Training, <i>New York Chiropractic College</i>
2009	-	Mechanical Diagnosis and Therapy, Part E, Human Extremities, <i>McKenzie Institute International</i>
2009	-	Modern Spine Care: Functional Training – An Integrated Approach for Injury, <i>D'Youville Chiropractic College</i>
2009	-	Modern Spine Care: Spine Care for Pain - A Patient Centered Approach, <i>D'Youville Chiropractic College</i>
2009	-	10 <sup>th</sup> Annual ACA Rehab Council Symposium
2007	-	Reality Rehab of the Cervical Spine and Upper Extremities; <i>National University of Health Sciences</i>
2007	-	Reality Rehab of the Lumbar Spine, Pelvis, and Lower Extremities; <i>National University of Health Sciences</i>
2007	-	Rehabilitation of Low Back Syndromes, <i>Palmer Chiropractic College</i>
2007	-	Thoraco-lumbar Spine Rehabilitation, <i>Palmer Chiropractic College</i>
2006	-	Orofacial Rehabilitation, <i>Southern California University of Health Sciences</i>
2006	-	Advanced Functional Extremity Training, <i>Southern California University of Health Sciences</i>
2006	-	Lumbar Spine Symposium, <i>Southern California University of Health Sciences</i> ; Hartford, CT
2006	-	Research Methods, <i>Southern California University of Health Sciences</i>
2006	-	Advanced Cervical Spine Rehab, <i>Southern California University of Health Sciences</i>
2006	-	Rehabilitation Distance Learning, <i>Southern California University of Health Sciences</i> : Active Care/ Red Flags; Functional Capacity Evaluation; Postsurgical Rehabilitation; Rehabilitation of Special Populations; Nutrition; Pain Management; Topics in Chiropractic Rehabilitation; Rehab of the Spine Video Review
2005	-	Biopsychosocial Decision Points in Active Care Practice, <i>Southern California University of Health Sciences</i>
2005	-	Posture, Gait, and Sensory-Motor Training, <i>Southern California University of Health Sciences</i>
2005	-	Soft Tissue and Post-Isometric Relaxation, <i>Southern California University of Health Sciences</i>
2005	-	Rehabilitation of the Upper and Lower Quarters, <i>Southern California University of Health Sciences</i>
2005	-	Rehabilitation Distance Learning: Biopsychosocial Approach to Chronic Pain Syndromes, <i>Southern California University of Health Sciences</i>
2004	-	Cervical Spine Rehabilitation, <i>Southern California University of Health Sciences</i>
2004	-	Core Training, <i>Southern California University of Health Sciences</i>
2004	-	Clinical Integration of Rehab Concepts, <i>Southern California University of Sciences</i>
2004	-	Functional Extremity Training, <i>Southern California University of Health Sciences</i>

2004 - Rehabilitation Distance Learning: Core Articles Review, *Southern California University of Health Sciences*

2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Advanced Topics*

2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Auto Crash Reconstruction / Advanced Diagnostics and Treatment*

2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Narrative Report Writing and Practice Development*

2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego: Medicolegal Issues*

2003 - Blood Chemistry and Herbal Therapies, *Logan College of Chiropractic*

2002 - Kinesiotaping (KT1 and KT2), Kinesiotaping Association

2002 - Mechanical Diagnosis and Therapy, Part D, Advanced Technique, *McKenzie Institute International*

2002 - Mechanical Diagnosis and Therapy, Part C, Problem Solving, *McKenzie Institute International*

2002 - Mechanical Diagnosis and Therapy, Part B, Cervical and Thoracic Spine *McKenzie Institute International*

2001 - Mechanical Diagnosis and Therapy, Part A, Lumbar Spine, *McKenzie Institute International*

#### **INSTRUCTIONAL SEMINARS**

2010 - Advanced Rehabilitation Strategies for the Spine, *New York Chiropractic College & Pennsylvania Chiropractic Association*

#### **AWARDS / HONORS**

2014-2020 - Voted “Best Chiropractor” in Northeast PA in The Times Leader Readers Choice Awards

2010 - Recipient of the NEPA Power! (Professionals Organized and Working to Enrich the Region) Member of the Year award.

2009 - Recipient of *The Northeast Pennsylvania Business Journal*’s “20 Under 40” honoring the top business professionals in Northeast PA under 40 years old.

2008 - Recipient of The Times Leader “40 Under 40” Award honoring the top 40 business professionals in Northeast PA under 40 years old.

#### **ARTICLES/PUBLICATIONS**

2001-2002 - Contributing columnist to nationally published *Racquetball Magazine*, the official monthly publication of the United States Racquetball Association.

#### **PROFESSIONAL ORGANIZATIONS**

American Chiropractic Association  
 Pennsylvania State Chiropractic Association  
 American Chiropractic Rehabilitation Board  
 Functional Movement Systems  
 McKenzie Institute, USA  
 National Strength and Conditioning Association  
 Spine Research Institute of San Diego